**Erin E. McNamara**

117 W. 20th Street, #310 215-913-6481

Kansas City, MO 64108 erinmcnamara0222@gmail.com

# **Education**

**Kansas State University** *– online Graduation December 2013, GPA: 3.78*

*Bachelor of Science in Dietetics*

**Barton County Community College** *– online Graduated July 2011, GPA: 3.86*

*Associate of Science in Pre-Dietetics*

**Experience**

**Student Research Assistant, Dept of Internal Medicine/Dietary Projects**

**Kansas University Medical Center,** Kansas City, KS2012-present

* Review menus and observe children’s reactions to regular menu vs. local, organic menu
* Perform accurate Comstock plate waste assessments and anthroprometric measures
* Offer guidance in relation to food selection, serving sizes, preparation and safety
* Gain working knowledge of local farm-to-school and Head Start programs
* Create manual for a nutritional education program for ALL child survivors
* Implement surveys for corner grocery store initiative to determine availability of healthy foods in the community

**Escape Planner, Ultimate Escapes,** Kansas City, MO2007-2010

* Provided effective communication and organizational skills for a diverse group of people to ensure successful outcome of activities planned

**Corporate Travel Counselor, Travel & Transport,** Kansas City, MO 2005-2007

* Effectively adhered to company’s budget and standards for travel guidelines

**Center Manager & Counselor, LA Weightloss,** Lee’s Summit, MO2004-2005

* Determined menus for weightloss patients based on weight goals and activity levels, made adjustments as necessary
* Counseled importance of a balanced diet, offered food subsitutions for higher fat/calorie foods
* Provided ongoing motivation and education, healthy recipes and ideas to stay active

**Memberships/Certifications**

First Aid, AED, and CPR Certified, 2011

ServSafe certified, 2011

Alpha Lambda Sigma, Member, 2010 to present

Phi Theta Kappa Member, 2010 to present

Missouri Dietetic Association, Member*,* 2011 to present

Academy of Nutrition and Dietetics, Member, 2011 to present

Culinary Center of Kansas City, Volunteer, 2012 to present